

Healthy Start

Fresh Baked Artisan Multigrain Toast

PEANUT BUTTER AND BANANA, SMASHED EDAMAME, OR SMASHED AVOCADO

ADD HARD BOILED EGG, PASTRAMI SMOKED SALMON, BACON, FRESH SPROUTS, LOCAL HONEY, HOUSE MADE GRANOLA

Assorted Whole Fruit:

APPLES, ORANGES, OR BANANAS

Hummus

FRESH VEGETABLES, TOASTED PITA, OLIVE OIL TORTILLA CHIPS, GUACAMOLE, AND SALSA

Vegan Poke Bowl

SESAME MARINATED TOFU, JASMINE RICE, CUCUMBER, EDAMAME, CARROT, AVOCADO, GINGER SCALLION, PINEAPPLE, AND CILANTRO

Fresh Fruit and Berry Bowl

Banana Strawberry Smoothie

Seasonal Sorbet

Salads and Sandwiches

Fresh Mozzarella and Tomato Salad

BALSAMIC REDUCTION

Grilled Chicken Caesar Salad

PARMESAN AND CROUTONS

Mixed Green Salad

CUCUMBER, TOMATOES, CARROTS

Mixed Green Salad

CUCUMBER, TOMATOES, CARROTS

CHOICE OF: RANCH, CAESAR, BALSAMIC, LEMON AND OLIVE OIL

Turkey Club Wrap

AVOCADO AND GREEK YOGURT, GARLIC MAYO KETO SPINACH HERB WRAP

Grilled Sirloin Burger

AVOCADO, TOMATO JAM, LETTUCE, SWEET ONION

Smoked Pastrami Salmon BLT

LEMON CAPER AIOLI, MULTIGRAIN BREAD

Beverages

Hops

16OZ BOTTLES \$8

12OZ BOTLES/CANS \$7.50

Grapes

12OZ CAN UNDERWOOD WINES \$16.5

ROSE, PINOT GRIS, OR PINOT NOIR

Hard Seltzers

WHITE CLAW \$7.50 OR HIGH NOON \$9

Canned Spirit & Wine Cocktails

SOLEI MIMOSA \$17.50

SANGRIA COCKTAIL \$15

RANCH WATER WITH LIME \$15.50

GIN & CRANBERRY BY THE FINNISH LONG DRINK \$16

CUTWATER MOSCOW MULE \$15.50

GRAPEFRUIT PALOMA \$16

FRENCH 75 BY PAMPELONNI \$15.50

RASBERRY ROSE SPRITZ BY STE CHAPELLE \$16.50

Non Alcoholic Beverages

PEPSI, DIET PEPSI, SIERRA MIST, MOUNTAIN DEW \$4

