

SIGNATURE JOURNEYS

SPIRIT OF THE CURANDEROS SPA JOURNEY - 100 minutes \$360

Featuring the calming and balancing benefits of wild-crafted lavender, this luxurious spa journey is designed to calm both the material body and the spiritual mind. First, you will be cleansed in a gentle exfoliation with natural mineral salts mixed with healing botanicals. Next, during a state of peaceful rest you will receive a massage with wild-crafted organic lavender oil and healing warm stones. This service finishes with a comforting body wrap and a soothing scalp massage using warmed lavender oil. You will emerge feeling completely relaxed and restored.

HILL COUNTRY CANDLE JOURNEY 50 Minutes \$210 | 100 Minutes \$420

Indulge and enjoy this rebalancing and uplifting total body massage with notes of pine, cypress, cedar, and mandarin. These therapeutic oils are blended into a candle rich in shea butter, organic mango butter and sesame oil and the candle transforms to a warm and decadent oils that poured over the body. This massage leaves the skin deeply nourished; it promotes deep breathing and stress release.

AWAKENING ACUPRESSURE JOURNEY 50 Minutes \$180

A full body massage with energizing acupressure technique. A sustained pressure with the fingertips on specific zones of the hands and feet removes energy blockages, relieve stress and promotes relaxation. With your new-found energy, you will be able to resume daily tasks with energy and positivity. An uplifting experience for any time of day.

AWAKENING ACUPRESSURE JOURNEY 100 Minutes \$360

Begin with a full body exfoliation with transformative sugar scrub gently polishing and restoring supple skin. Followed by a full body massage with energizing acupressure technique. A sustained pressure with the fingertips on specific zones of the hands and feet removes energy blockages, relieve stress and promotes relaxation. With your new-found energy, you will be able to resume daily tasks with energy and positivity. An uplifting experience for any time of day.

TONING TOTAL BODY JOURNEY 50 Minutes \$180

Recover with a full body massage using a rebalancing and toning bamboo technique. This ultimate relaxing experience that is particularly beneficial for slimming, sculpting, and toning of the legs. Both relaxing and toning this service is perfect for restoring and balancing in both body and mind.

TONING TOTAL BODY JOURNEY 100 minutes \$360

Begin with a full body exfoliation with transformative soft sugar scrub gently polishing and restoring supple skin. Followed by a full body massage with a rebalancing and toning bamboo technique. This ultimate relaxing experience that is particularly beneficial for slimming, sculpting, and toning of the legs. Both relaxing and toning this service is perfect for restoring and balancing in both body and mind

Personalize your experience by incorporating enhancements into your services with no additional time needed.

CBD INFUSION \$50

If you're seeking relief from tight muscles, injuries, extra stress, take your massage to the next level with this CBD-enhancement. Our plant derived hemp extract CBD oil is organic and 100% free of THC. Allow the cell-communicating CBD to penetrate deep, relaxing your body. Get off the table feeling refreshed with freedom to move.

MUSCLE MELTER \$25

Smooth basalt stones radiate heat deep into the muscles to loosen and relieve tension and stress. Enhancement is incorporated as part of a massage service and requires no extra time.

MOROCCAN OIL SCALP TREASURE \$25

Essential oils of organic ginger, lavender and geranium improve the condition of the scalp, leaving the hair revitalized.

ALPINE ARNICA MUSCLE REPAIR \$25

Gel infused with arnica, sweet birch and magnesium to soothe sore muscles, tendons and stiff joints.

MASSAGE

SPORTS MASSAGE – 50 minutes \$180 | 100 minutes \$360

This treatment focuses on treating soft tissue aches, pain and injuries that are associated with recreational activities. This massage incorporates the use of a percussive device designed to enhance muscle recovery, release stress and tension, and soothe discomfort.

SWEDISH HERBAL MASSAGE – 50 minutes \$160 | 100 minutes \$320

- **Balance** – eases muscle tension and restores internal balance
- **Rest** – ease fatigue and soothe an over-stressed nervous system
- **Detox**–cleanse with oils known for their decongestant and diuretic properties
- **Unscented**

DEEP TISSUE BODY WORK – 50 minutes \$170 | 100 minutes \$340

- **Alpine Arnica**- relaxes sore muscles, relieve tension and decrease inflammation
- **Nirvana Stress Relief** – unwinds and reboots the mind
- **Blue Eucalyptus Energizing** – enhances immunity and combats adrenal fatigue

PRENATAL REST AND RENEWAL – 50 minutes \$160

Deeply restorative and designed for moms-to-be to help improve sleep, reduce stress and soothe muscle fatigue. A Swedish massage is followed by the application of Gotu Kola Healing Balm to help prevent the appearance of stretch marks. Performed in the second and third trimesters only

HEATED STONE MASSAGE- 100 minutes \$360

Feel the Earth's strength and energy as warm stones are applied to your body and used to massage your muscles. This thorough massage will leave you feeling deeply grounded and relaxed.

MASSAGE FOR TWO – 50 minutes starting at \$340 | 100 minutes starting at \$680

Share the experience of massage with a loved one or a friend in one of Lantana Spa's beautiful suites especially designed for two.

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FACIALS

JW ULTIMATE FACIAL - 100 minutes \$420

Permissible indulgence. Modern luxury and precisely coordinated active ingredients from the deep sea are at the heart of this treatment. Discover invigorating sensation with surprisingly cool and warm elements combined with the unique BABOR Expert Method. The complete self will soon surrender to the pleasure of being nurtured, nourished and restored. The skin feels gloriously firmed, toned, plumped and wrinkle free.

HYDRAFACIAL - 50 minutes \$215

HydraFacial is an effective non-invasive, non-surgical treatment that delivers amazing results with no discomfort or down-time. The unique system merges invigorating spa therapies with advanced medical technology to enhance skin health. Only HydraFacial uses patented Vortex-Fusion® technology to cleanse, extract and hydrate.

Bright & Glow Vitamin C Facial

BRIGHT & GLOW VITAMIN C FACIAL - 50 minutes \$205

This facial treatment with triple exfoliation including a gentle peel, smooths the skin and sloughs dull surface cells. A concentrated ampoule of the exclusive Brightening Complex, powerful plant extracts and vitamin C, work with the Bright Effect mask to brighten and even the skin tone. Tired dull skin is transformed to reveal a bright radiant glow with a more even complexion.

RADIANCE FACIAL - 50 minutes \$180

Luxuriously wrapped in a combination of invigorating sensations, indulgent textures, lifts your spirit and smooths your skin. This antiaging treatment will take you on a journey of rejuvenation, radiance and protection for youthful, velvety-soft skin. Our expert touch and precise ingredients relax wrinkles, melt stress and impart a radiant glow for hours to come

ADVANCED REPAIRING FACIAL - 50 minutes \$190

Specific and focused on individual skin challenges, these prescription therapies diminish signs of aging leaving the skin more youthful. Our expert skin therapists will customize an advanced cosmeceutical treatment to obtain your optimal skin care results. Suitable for all skin types and targeting conditions of rough, dry, oily skin, enlarged pores, hyperpigmentation, tired or dull complexion.

ILLUMINATING FACIAL - 50 minutes \$175

Utilizing potent rare berries from the Arctic, this decadent, results-oriented facial layers three uniquely formulated products that work harmoniously as an advanced resurfacing treatment. The breakthrough Arctic Berry Peel & Peptide Illuminating System also targets blemishes, uneven skin and fine lines to reveal a new level of luminosity to your skin.

REVERSIVE FACIAL - 50 minutes \$205

Turn back the hands of time and recapture youth. This innovative facial retains and extends skin cell lifespan, reactivates the skin's own anti-aging mechanism and reclaims lost radiance, as it visibly smooths fine lines and wrinkles enhanced with a Gua Sha stone massage.

CLEANFORMANCE - 50 minutes \$175

Featuring our new clean cosmeceutical skincare line that blends clean beauty, plant-based ingredients and the powerful precision formulas help balance and restore the skin's microbiome for a vibrant, healthy-looking complexion.

FIRMING FACIAL - 50 minutes \$180

Firm and hydrate all skin types with a decadent boost of collagen-rich organic vitamins and botanicals. This specialized facial is designed to both increase elasticity and diminish fine lines. The triple potent combination of Vitamin C, Vitamin E and rosehip extract blended in an ultra-light oil base increases the efficacy of all vitamins and nutrients featured throughout the facial, creating immediate and lasting benefits to reveal a beautiful, hydrated and smooth complexion

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- **MOROCCAN OIL SCALP TREASURE \$25**

Essential oils of organic ginger, lavender and geranium improve the condition of the scalp, leaving the hair revitalized.

- **NU FACE PARTIAL \$25**

Enjoy our micro-current technology that helps to firm and tone your skin. Select an area of focus.

- **LIP TREATMENT \$25**

Designed to gently exfoliate dry, flaky skin and leave lips smooth and moisturized.

- **3D HYDROGEL EYE TREATMENT \$25**

Instantly hydrate and soothe the delicate under eye area. This bio-cellulose mask is provides an intense dose of Hyaluronic Acid and HY3 Peptides to deeply hydrate and plump the skin leaving you with smooth and depuffed eyes.

NAIL CARE

SEASONAL MANICURE AND PEDICURE - 50 minutes each \$70/\$90

Pamper your hands and feet with the fruits and scents of the season. This session concludes with a decadent moisturizer application.

DAZZLE DRY MANICURE AND PEDICURE - 50 minutes each \$75/\$95

Dazzle Dry is a quick drying, non-toxic four-step nail system designed to deliver long-lasting results.

MELLOWED OUT CBD MANICURE AND PEDICURE - 50 minutes each \$80/\$100

Prepare skin for this juicy delight of a spa treatment! A warm soak with fragrant notes of watermelon greets you, while Epsom salt, vitamin and coconut oil cradle hands and feet. Next, a delicious buffing complete with watermelon seed oil renews rough skin. We smooth over the look of fine lines with a full-spectrum Hi-Bio[®] Hemp oil serum, before a whipped body mousse rich with lycopene-extract hydrates. Soles and hands are now restored to glowy goodness! Your choice of a traditional or our non toxic Dazzle Dry lacquer concludes this service.

SHELLAC MANICURE - 50 minutes \$85

Enjoy a longer lasting manicure. Grooming is included. If you currently have shellac polish, additional charge and time is for removal is required

LANTANA SPA

RESERVATIONS

Please reserve spa appointments by contacting us at 210-276-2300. A credit card will be required at time of reservation.

AGE REQUIREMENTS

Lantana Spa is an adult environment so guests must be 18 years of age or older.

CANCELLATIONS

Treatments are reserved especially for you. We kindly request a 24-hour notice of cancellation or reschedule to avoid a full service charge of the treatment price.

SPA ARRIVAL

Please arrive at least 15 minutes prior to your appointment to begin your relaxation experience. Arriving late will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed.

HEALTH CONDITIONS

Please advise your therapist if you have any health concerns or questions about which treatments are best for you. You must be out of your first trimester to receive a massage service. Heat treatments are not recommended for pregnant women, guests with heart conditions or those sensitivity to heat. When making reservations, please let us know your preference for male or female therapists. We will do our best to honor your request.

COURTESY

While enjoying Lantana Spa we kindly ask that you enjoy quiet conversation and refrain from using cell phones and other electronic devices. The Spa and Pool are smoke-free environments. To ensure complete privacy for you and other guests, please avoid camera usage in the spa.

SPA ATTIRE

We suggest that you wear comfortable clothing and do not bring your jewelry or valuables to the spa. A spa robe and slippers will be provided for you. Our therapists are professionally trained in proper draping techniques to ensure your privacy and comfort.

Pricing subject to change without notice